

what is zomppa®?

a 501(c)3 nonprofit that aims to transform kids' relationship with food and planet



zomppa

created for :
children anywhere

designed for:
parents

educators

community organizations

homeschool networks

FREE download

join global educators' network

help build and refine lessons plans

20-unit curriculum

zompping for food & planet

a global journey on healthy eating & living
for children ages 4-8

experiential

mobile

interdisciplinary

fun

flexible

The science:

- Aligned with **Common Core State Standards** for K-2nd grades;
- References the national standards from the **National Science Teachers Association (NSTA)**;
- References **commonly adopted pre-K standards**.

The experience:

- **Adult-approved; kid-tested;**
- **Global perspectives rooted in local realities;**
- **Holistic approach to building lifetime of healthy habits & awareness;**
- **Adaptable lessons to a variety of settings.**

standards

Zomppa®'s 8 Standards:

1. Interdependent systems
2. Healthy Bodies & Minds
3. Food Appreciation & Nutritional Knowledge
4. Cultural Curiosity
5. Local Responsibility, Global Awareness
6. Engaged Families & Communities
7. Sustainable Planet
8. Creative Discovery

content

disciplines:

- Art & music
- Cooking
- Culture
- Environment & Science
- Gardening
- Geography
- Health & Nutrition
- Math
- Social Justice

countries & cultures:

- Brazil
- China
- Ethiopia
- France
- Ghana
- Haiti
- India
- Iran
- Italy
- Japan
- Mexico
- Native Americas
- Netherlands
- New Zealand
- Peru
- Philippines
- Turkey
- UAE

proof

tested for two years in a variety of settings:

- **weeklong workshops** (*usa, 20 students*) all units with theme of food & social justice, focus: underserved kids, held at dance studio
- **one-day workshops** (*usa; canada, 30 students*) individual units, held at elementary school and public library
- **integrated lesson** (*usa, 10,000 people*) adapted to workshops conducted by Sol Food Mobile Farm's national tour, held on converted schoolbus classroom

How do I get a copy?

- Go to www.zomppa.com;
- Register for free to be a **member**;
- **Download** the entire curriculum;
- First 100 members will receive a **special gift**;
- After your class, fill in the online **feedback** form, send in some photos, and a review of your classes;
- Join in the online discussion on **best practices**.

What are people saying?

- **100% of families** in our workshops want to return;
- After attending a workshop, Zomppa® kids say:
 - 90% know more about where food is from;
 - 100% more willing to try new foods;
 - 100% more interested to learn another language.

family testimonials:

"[The kids now] regularly talk about 'healthy food,' particularly when picking out snack foods so I do think it had an impact on their recognition of the different types of food and what is healthy and what isn't."

"Exposure particularly to other cultures is hard to come by for kids this age so that is wonderful; and they really loved the hands-on element as far as the cooking/preparing food."

"This program is fantastic. I'd pay to enroll all three of my boys in something like this!"

Please consider making a tax-deductible donation to help get *Zompping for Food & Planet* to children and communities.